

Monthly Premiums for  
Residents of Newfoundland

FollowMe<sup>™</sup>  
Health

Age Group	Basic Plan	Enhanced Plan	Enhanced Plus Plan	Premiere Plan
<b>Individual</b>				
21 to 44	\$ 59.90	\$ 79.80	\$ 103.30	\$ 131.80
45 to 54	\$ 69.60	\$ 94.50	\$ 118.80	\$ 155.90
55 to 59	\$ 77.30	\$ 99.30	\$ 125.40	\$ 166.70
60 to 64	\$ 81.50	\$ 107.70	\$ 131.00	\$ 173.70
65 to 69	\$ 80.20	\$ 108.40	\$ 127.50	\$ 168.20
70 to 79	\$ 89.50	\$ 127.20	\$ 145.50	\$ 188.60
80 to 89	\$ 102.30	\$ 157.00	\$ 172.80	\$ 226.00
90+	\$ 138.40	\$ 218.50	\$ 228.60	\$ 285.70
<b>Couple (per person)</b>				
21 to 44	\$ 54.20	\$ 73.70	\$ 97.30	\$ 125.00
45 to 54	\$ 63.60	\$ 88.00	\$ 112.30	\$ 149.50
55 to 59	\$ 70.90	\$ 93.20	\$ 119.40	\$ 160.00
60 to 64	\$ 75.30	\$ 101.60	\$ 124.70	\$ 167.20
65 to 69	\$ 74.30	\$ 102.30	\$ 121.40	\$ 162.00
70 to 79	\$ 83.60	\$ 121.10	\$ 139.50	\$ 182.40
80 to 89	\$ 96.30	\$ 150.90	\$ 166.80	\$ 219.60
90+	\$ 132.40	\$ 212.40	\$ 222.40	\$ 279.20
<b>Child (per child, for families with 1 or 2 children)</b>				
0 to 12	\$ 36.20	\$ 50.00	\$ 60.50	\$ 70.20
13 to 20	\$ 17.80	\$ 23.20	\$ 47.00	\$ 69.70
<b>Child (per child, for families with 3 or more children)</b>				
0 to 12	\$ 32.50	\$ 44.90	\$ 54.30	\$ 63.20
13 to 20	\$ 16.10	\$ 20.90	\$ 42.20	\$ 62.60

Premiums for Couples and Children are per each individual. Premiums are based on individual age at the time of application. Premiums will increase as an individual's age increases in accordance with published age groups.

Premiums are effective January 1, 2009 and subject to change without notice.

FollowMe Health is offered through Manulife Financial (The Manufacturers Life Insurance Company).

Plans underwritten by The Manufacturers Life Insurance Company.

<sup>™</sup> Trademarks of The Manufacturers Life Insurance Company.

© 2008 The Manufacturers Life Insurance Company. All rights reserved.