

Monthly Premiums for
Residents of Nova Scotia

FollowMe[™]
Health

Age Group	Basic Plan	Enhanced Plan	Enhanced Plus Plan	Premiere Plan
Individual				
21 to 44	\$ 62.00	\$ 82.50	\$ 105.10	\$ 134.30
45 to 54	\$ 71.90	\$ 97.60	\$ 120.60	\$ 158.60
55 to 59	\$ 79.80	\$ 102.90	\$ 127.70	\$ 169.40
60 to 64	\$ 84.50	\$ 111.90	\$ 133.90	\$ 177.10
65 to 69	\$ 63.90	\$ 88.70	\$ 106.00	\$ 138.70
70 to 79	\$ 72.30	\$ 105.80	\$ 122.40	\$ 156.00
80 to 89	\$ 83.90	\$ 133.50	\$ 147.20	\$ 189.70
90+	\$ 119.80	\$ 192.60	\$ 200.50	\$ 243.90
Couple (per person)				
21 to 44	\$ 56.10	\$ 76.30	\$ 98.80	\$ 127.50
45 to 54	\$ 66.00	\$ 91.20	\$ 114.10	\$ 151.90
55 to 59	\$ 73.50	\$ 96.70	\$ 121.40	\$ 162.80
60 to 64	\$ 78.40	\$ 105.50	\$ 127.50	\$ 170.50
65 to 69	\$ 57.90	\$ 82.70	\$ 100.00	\$ 132.70
70 to 79	\$ 66.50	\$ 99.90	\$ 116.30	\$ 149.90
80 to 89	\$ 78.20	\$ 127.50	\$ 141.40	\$ 183.30
90+	\$ 113.70	\$ 186.60	\$ 194.50	\$ 237.50
Child (per child, for families with 1 or 2 children)				
0 to 10	\$ 37.20	\$ 51.20	\$ 61.30	\$ 71.60
11 to 20	\$ 19.00	\$ 24.60	\$ 47.60	\$ 70.10
Child (per child, for families with 3 or more children)				
0 to 10	\$ 33.40	\$ 46.10	\$ 55.30	\$ 64.60
11 to 20	\$ 17.10	\$ 22.10	\$ 43.00	\$ 63.00

Premiums for Couples and Children are per each individual. Premiums are based on individual age at the time of application. Premiums will increase as an individual's age increases in accordance with published age groups.

Premiums are effective January 1, 2009 and subject to change without notice.

FollowMe Health is offered through Manulife Financial
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